**HEPATITIS B**

**CREATING AWARENESS PROPERTIES ABOUT HEPATITIS B**

**Introduction:**

Hepatitis is a two Greek word hepa means liver while tities means diseases, hepatitis is the inflammation of the liver (liver is the largest organ in the human body that perform vital function).

Hepatitis B is a potentially life-threatening liver infection caused by the hepatitis B virus. It is a major global health problem; it can cause chronic infection and puts people at high risk of death cirrhosis and liver cancer.

**Key facts:**

1. Hepatitis B is a viral infection that attacks the liver and can cause both acute and chronic disease.
2. Hepatitis B can be prevented by vaccines that are safe, available and effective.

**Stages of Hepatitis B:**

1. An acute infection happens at the beginning when you first get infected many people are able to clear it from their bodies and recover.
2. Chronic infection: if you are not able to clear the infection within six month or longer, you will have chronic hepatitis B which can lead to inflammation liver cirrhosis and liver cancer.

**Transmission:**

1. Blood transfusion:

The virus can also be passed from the blood of an infected mother through the placenta to infect the fetus, the incubation period of the virus is from 1 to 3 months, the virus infects the hepatic cells.

1. Sexual contact:

It can also be spread from infected body fluid such as saliva, menstrual blood, virginal and seminal fluids.

**Signs and Symptoms:**

1. abdominal pain
2. Joint pain
3. Dark urine
4. Weakness of the body
5. Loss of appetite
6. Nausea and vomiting

**Treatments:**

Consult your doctor

Viral infection is more dangerous than bacteria, paraside pungi stap candi albican is a fungi infection that normally affects ladies. Married couples are advised to carry out a test.

**Prevention:**

WHO recommends that all infants receive the Hepatitis B vaccine as soon as possible after birth preferably within 2hours the hepatitis B vaccine is the best method, it is affordable and reliable.